

## Did you KNOW?

### According to the U.S. Department of Housing and Urban Development,

in 2021 the number of older adults experiencing sheltered homelessness is on the rise.

"This growing population has extraordinarily high physical and mental health needs that the nation's homelessness systems are not trained or resourced. to appropriately meet on their own."



### In 2022

#### Mendo Co:

29% of people living in shelters are over the age of 55;  
16% of those living outdoors are over the age of 55.

### Hospitality House

This year 5-7 elders have stayed at the shelter every month. Averaging 19% of our guests.

## WELLNESS

Our licensed clinicians in the **Hospitality Center Specialty Mental Health Clinic** provide therapy, care management, rehab, and referrals for physical and mental health care and addiction.

### Coastal Street Medicine

staff sees those in need of immediate medical care and assists with referrals for advanced care. Since the program started in 2018, it has served over half of the homeless on the Coast, keeping many out of the emergency room and back to good health care.

### The Wellness Center

facilitates group meetings that include life skills, application assistance, referrals to other resources, stress management, several therapeutic art and related sessions. Classes are offered by staff and volunteers. Vocational Services also take place here. 12-Step groups meet regularly in our group room.

## Hospitality House

237 N McPherson Street  
Fort Bragg

Immediate Shelter,  
Meals, Showers, Laundry  
provided in 2022  
at *no cost* to our guests:

 **13,495 meals**

 **3,486 loads laundry**

 **5,691 showers**

**Just \$90 will provide someone at risk with a warm bed for 3 nights, 2 meals each day, showers, and laundry.**

## Contact us:

*Find out how you can help or how to donate*

*Mendocino Coast Hospitality Center  
101 N Franklin St  
Fort Bragg CA 95437*

*707-961-0172*

*[www.mendocinochc.org](http://www.mendocinochc.org)*

## Please Help Us This Season



*...to shelter the homeless, feed the hungry, and provide a path to personal wellness and community connection...*

**Mendocino Coast Hospitality Center**  
Serving the Mendocino Coast Since  
**1986**



# MEALS

HOSPITALITY HOUSE SERVES  
HOT MEALS AT NO COST  
EVERY SINGLE DAY

Anyone who is hungry and needs a meal  
can come to the Hospitality House  
on N. McPherson Street  
Monday through Friday at 3pm



Hospitality House guests and  
MCHC staff prepare nearly 50 meals  
every day -- 365 days a year.

We are very grateful for the food we receive from the  
Fort Bragg Food Bank and generous community members  
who remember us when they have extra.

# DONATE

Please use the enclosed card and  
return envelope  
or go to our web site to donate online:

[mendocinochc.org/donate](http://mendocinochc.org/donate)

# HOSPITALITY HOUSE EMERGENCY SHELTER

## Needs Your Support...

*...to sustain the only ongoing,  
year-round shelter program  
on the Mendocino Coast.  
The government funding we receive  
does not cover all of the costs  
associated with these critical services.  
Around the clock staffing, huge  
increases in utility  
and operating costs in addition to  
maintaining our facility, outpace our  
available funds.*

*Your donation will help  
us continue to provide these services to  
the most vulnerable in our community;  
including those elders who come  
through our doors and who have special  
needs outside our usual clientele.*



# SHELTER AND HOUSING

## HOSPITALITY HOUSE

has 24 beds to shelter  
those in need for up to  
180 days. Moving from  
the street to a clean bed  
with showers, meals and  
laundry facilities can  
make a world of  
difference.

## TRANSITIONAL HOUSING

The 24 additional beds  
provide temporary  
housing until a  
permanent situation can  
be found.

## THE PLATEAU

The new development for  
permanent supported  
housing in Fort Bragg.  
Our staff provides a wide  
range of services to  
residents on site.

## HOUSING NAVIGATION

Through programs like  
Rapid-Rehousing and  
CaAIM Community  
Supports, our staff helps  
place those in need of  
permanent supported  
housing in private units.  
They then provide case  
management, acting as  
liaison with landlords and  
assisting with move in  
costs.

## WINTER SHELTER

MCHC staff, in  
collaboration with the Fort  
Bragg Police Department,  
screens and approves  
motel vouchers for those  
who qualify for the Winter  
Shelter program.

## GIVE HOPE

Some people have been  
living in camps or under  
bridges for years. We  
strive to give them new  
hope. And you can help.

**In 2022**  
145 individuals  
received  
14,363 safe,  
warm nights in  
our shelter  
programs