## Mendocino Coast Hospitality Center (707) 961-0172 | www.mendocinochc.org

## January 2024 Groups

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CLOSED	Community 9:00 a  AA Meeting 11:00 am  Gardening 11:00 am  Yoga 1:00 pm	Community 9:00am  Street Medicine Clinic 9-11:30 am  Grief and Loss 10:00am  Application Assistance 11:00 am  Gardening 11:00 am	Community 9:00 am Alanon 10:00 am Stress Management 11:00 am Collage Therapy 1:00 pm NA Meeting 6:00 pm	Community 9:00 am  Anger Management 10:00 am  Rock Painting 11:00am  Housing Service Walk in's  1:00-3:00 pm  Movie 1:00 pm	Lunch: Across from Library East Laurel Street 3:00 pm
Lunch: Our Lady of Good Counsel 605 Maple Street 12:00 pm	Community 9:00 am Housing Service Walk-in's 10:00-12:00 Life Skills 11:00 am Art 1:00 pm	Community 9:00 a  AA Meeting 11:00 am  Gardening 11:00 am  Yoga 1:00 pm	Community 9:00am Street Medicine Clinic 9-11:30 am Grief and Loss 10:00am Application Assistance 11:00 am Gardening 11:00 am	Community 9:00 am Alanon 10:00 am Stress Management 11:00 am Collage Therapy 1:00 pm NA Meeting 6:00 pm	Community 9:00 am  Anger Management 10:00 am  Rock Painting 11:00am  Housing Service Walk in's  1:00-3:00 pm  Movie 1:00 pm	Lunch: Across from Library East Laurel Street 3:00 pm
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